# Personal, Social, Health and Economic Education Policy

# St Andrew's Church of England Primary School

We believe that 'Everyone is different. Everyone is special'. As Jesus taught us to love unconditionally, so we strive to nurture respect for all; to provide a rich and stimulating curriculum that considers the individual; and to care for the intellectual, social and spiritual well-being of our whole school community encouraging positive engagement with the wider world, as affirmed through our school values and parable of the Good Samaritan.

Jesus said, "Love the Lord your God ... and, 'Love your neighbour as yourself." Luke 10:27



At St Andrew's we are committed to keeping pupils and staff safe. Our school policies are an essential part of the way we safeguard all members of our diverse school. We support democracy, the rule of law, individual liberty, mutual respect and tolerance of different faiths and beliefs. These principles help us to listen to each other and learn from each other to create a safe and rich learning environment for pupils and staff alike.

Approved by:	TLIS	Date: 3/3/25
Last reviewed on:	March 2025	
Next review due by:	March 2027	

### Introduction:

At St Andrew's Primary School, we believe that 'Everyone is different. Everyone is special'. As Christ taught us to love unconditionally, so we strive to nurture respect for all, to provide a rich and stimulating curriculum that considers the individual and to care for the intellectual, social and spiritual well-being of our whole school community -encouraging positive engagement with the wider world, as affirmed through our school parable of the Good Samaritan.

He answered, "Love the Lord your God... and, 'Love your neighbour as yourself." Luke10:27



The art work above reflects our school vision and values which were created collaboratively by children, staff, parents and governors

In our school, Personal, Social, Health and Economic (PSHE) Education is enhanced by our supportive and Christian school ethos, where all are valued and encouraged, positive relationships are seen as fundamental and there is a safe and secure school environment that is conducive to learning. This is led by 3 main aspects:

- 1. Our School Vision: "Everyone is Different, Everyone is Special"
- 2. Our School Values:
  - > Friendship,
  - > Forgiveness,
  - Trust.
  - Justice
  - Hope
- 3. The Fundamental British Values:
  - Democracy,

- The Rule of Law,
- Individual Liberty,
- Mutual Respect,
- Tolerance of Different Faiths and Beliefs.

### **Aims**

Our aim is to ensure that children leave St Andrew's as happy, healthy and safe pupils, who are equipped for modern life and feel valued in being able to make a contribution to society. The basis of our PSHE curriculum is themes that are central to children and young people's wellbeing:

- Relationships,
- Health and Well Being
- Living in the Wider World.

Our aims of PSHE education are to enable children, in an age appropriate way, to:

- understand the school and British values; their impact on their daily lives, within the school and the wider community including that of the Christian faith
- know and understand what constitutes a healthy lifestyle
- · know how to keep themselves and others safe
- understand what makes for good relationships with others
- have respect and tolerance for others
- be independent and responsible members of the school community
- be positive and active members of a democratic society
- develop self-confidence and self-esteem, and make informed choices regarding personal and social issues
- develop a knowledge and appreciation of money and the effect it has on themselves and others
- develop good relationships with other members of the school and the wider community

PSHE education makes a significant contribution to the Prevent agenda and to safeguarding children and young people. It also supports children's Spiritual, Moral, Social, Cultural, Physical, mental and emotional development.

# Statutory requirements

PSHE is a non-statutory subject. However, there are aspects which are required to be taught.

- Relationships education under the <u>Children and Social Work Act 2017</u>, in line with the terms set out in statutory guidance.
- ➤ Health education under the same statutory guidance: Physical health and mental wellbeing (Primary and secondary) GOV.UK (www.gov.uk)

### **Delivery**

PSHE Education at St Andrew's is delivered through a combination of planned curriculum opportunities and school approaches:

- Timetabled weekly discrete sessions following the Family Links programme.
- Cross-curricular learning and activities (for example, in Science and RE)
- Visitors (for example, the school nurse, Police and Fire Service visits)
- Deep Learning Weeks, (e.g. Festival of Faith, Health Week)
- Enrichment opportunities and whole school celebrations (e.g. Inclusion Day)
- Assemblies and Collective Worship (e.g. Celebration Assembly.)

### Staff are responsible for:

- Delivering PSHE in a sensitive way
- Modelling positive attitudes to PSHE
- Monitoring progress
- Responding to the needs of individual pupils

Throughout the school, staff create a learning climate that clarifies boundaries, maintains respect, and enables children to discuss information and issues (including those which may be sensitive or spontaneous) safely and effectively.

The Family Links programme begins in EYFS, with "Circle Time" sessions and continues throughout KS1 and KS2. Topic Webs and Class Letters are regularly sent to parents with specific details of curriculum planning for the term.

At St Andrew's we are committed to ensuring that our staff are fully trained and confident in teaching PSHE Education. Staff use Zones of Regulation to further support the language of emotional literacy and self-regulation, which links to the Family Links to be used by all. Regular updates and training from the PSHE Lead, take place through Staff Meetings during the year.

Every topic in PSHE education has the potential to be sensitive for pupils. All staff ensure a safe learning environment which helps pupils to share feelings, explore values and attitudes, express opinions and ask questions without attracting negative feedback. Staff will answer difficult questions with a factual and age appropriate response and where necessary, find out more and respond to the question later. PSHE lessons may result in a disclosure made by a child. In this instance staff would follow the school reporting procedures as set out in our <a href="Child Protection and Safeguarding Policy">Child Protection and Safeguarding Policy</a>.

All staff are aware of their influential position and are cautious about expressing their own views, ensuring that they work within the school's values, policies and the law. Lessons are planned so as to impart balanced information and differing opinions to help children clarify their own views (whilst making clear that behavior such as racism, homophobia, bi-phobia, transphobia, discrimination and bullying are never acceptable in any situation).

In addition to weekly PSHE lessons, PSHE education is furthered through different subjects (e.g. e-safety in computing, personal safety and health in Science and DT) and broader opportunities, such as Junior Citizens, IMPS, special days or deep learning weeks.

Resources used for teaching PSHE are carefully chosen and checked for:

- inclusivity (e.g. of sexualities, faiths and family backgrounds)
- · presentation of positive, healthy and unbiased messages
- age appropriateness and relevance
- promotion of positive values
- accuracy
- contemporaneity

# Monitoring, Evaluation and Assessment:

At St Andrew's our PSHE curriculum reflects the needs of our diverse school community and is created with input from pupils, parents and staff. Our programme is regularly monitored and evaluated in a variety of ways, including:

- Questionnaires for parents and pupils,
- open discussions (amongst staff members, and between staff and pupils)
- teacher assessments
- pupil self-assessment and evaluation
- > teacher evaluations.

Children do not pass or fail within this area of the curriculum but are expected to show progression. They have opportunities to reflect on their own learning and personal experiences. Learning will be demonstrated through assessment against learning outcomes identified in curriculum planning, sometimes in PSHE but often across the curriculum where PSHE outcomes are relevant such as Computing, Science or PE. Progress will be reported to parents via the report schedule and at Parents Evenings.

# **Equal Opportunities:**

Our PSHE programme is inclusive and acknowledges and accommodates the diversity of our school community in terms of gender, identity, religion, language, race, social background, culture, appearance, family set-up, special needs, ability or disability and all other protected characteristics. PSHE has an impact on both academic and non-academic outcomes for pupils, particularly the most vulnerable and disadvantaged. Pupils with special educational needs will be given extra support.

### Links with other policies:

Learning in PSHE will compliment learning in all lessons throughout the curriculum. This policy links to the following policies and procedures:

- <u>Child Protection and Safeguarding Policy.</u> (including Extremism)
- Behaviour Policy (including Bullying)
- Relationships and Sex Educational Policy
- Online Safety Policy
- RE Policy
- British Values Statement